

Aging Disability Services 2005 Area Plan Report Card

Attachment #1

Timeline					BASIC NEEDS				
2004	2005	2006	2007	Completed	KEY OBJECTIVES	GOAL	2004 PROGRESS	2005 PROGRESS	2005 Additional Comments
			X		1. Secure affordable housing for 75 older adults or adults with disabilities. (Baseline: 27)	75	28	70	Project Updates: The Housing Access Service Program provided 20 affordable housing vouchers; The HRG's Genesee Housing at Rainier Vista - new construction of 50 units of housing for very low income individuals/families with developmental/physical disabilities; SHA implemented in 2005 a new rent structure for the Seattle Senior Housing Program.
X				✓	2. Increase by 100 the number of older adults and people with disabilities who access rides via neighborhood shuttles. (Baseline: 698)	798	976	1,720	Senior Shuttles now offers 17 van programs throughout King County that transport seniors to hot meal programs, medical appointments, senior centers, grocery stores, and other local destinations. In 2005, the HYDE SHUTTLE, serving southeast Seattle, was fully operational.
X				✓	3. Increase by 1,000 the number of older adults and their caregivers who are aware of appropriate benefits and services. (Baseline: 8,048)	9,453	10,841	8,234	Services provided through the Senior Service Information and Assistance Program.
	X			✓	4. Increase by 50 the number of Native American elders who access ADS-funded services. (Baseline: 375)	425	678	613	Includes Native elders participants at Pike Place Senior Center and United Indians of All Tribes.
X					5. Increase by 50 the number of Native American elders who participate in health and wellness activities at the senior congregate meal program. (Baseline: 14)	74	43	40	Includes Native elders receiving health education, nutrition education, and physical activity.
X				✓	6. Increase by 50 the number of rural elders who have access to transportation to services. (Baseline: 224)	274	355	691	180 volunteer transportation + 511 shuttle (Sno Valley & Mt. Si)
	X				7. Increase by 50 the number of socially isolated rural elders referred to services. (Baseline: 1,081)	1,131	958	981	Improvements made in 2005. Will continue efforts in 2006.
			X		8. Increase by 20 the number of affordable housing units with services to support aging in place in one rural area that has the greatest need.				Update: Mount Si Senior Center applied to develop 40 assisted living units and 9 Alzheimer's units for low and moderate income people living in the Snoqualmie Valley. The facility will also include an adult day health program and wellness facility. These services will be on the campus of Snoqualmie Valley Hospital and will provide a resource for many elderly Valley residents to age in place in their own community.

Blue = Completed objectives for 2004-05.

Yellow = Not yet completed, 2005.

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Timeline					HEALTH & WELL BEING				
2004	2005	2006	2007	Completed	KEY OBJECTIVES	GOAL	2004 PROGRESS	2005 PROGRESS	2005 Additional Comments
	X			✓	1. Increase by 1000 the number of older people living in King County who are aware of disease prevention measures which they can take to reduce depression, improve nutrition, increase immunity to influenza, increase their physical activity, prevent falls, and stop overuse of alcohol and prescription drugs. (Baseline: 120,894 Web hits and calls)	121,894	129,953 (121,498 webhits and 8,455 calls)	145,415 (138,463 webhits and 6,952 calls)	Calls to I&A were dramatically increased due to the Medicare Part D rollout.
			X		2. Demonstrate how chronic conditions self-management by the aging network can reduce health care costs. (Baseline: In progress)				ADS submitted proposal to DSHS in 2005 for a Medicaid Savings Project targeting 30 to 50 case management clients. Proposal is currently under review.
	X				3. Increase by 50 the number clients in the case management program whose chronic diseases are under control. Chronic diseases that will be targeted include depression, diabetes, hypertension, heart disease, and chronic pulmonary obstructive disease. (Baseline: 0)			42	ADS Case Management is refocusing chronic disease program to assign to a nurse/case manager 45 clients with chronic conditions who are highest utilizers of Medicaid medical services. We will track Medicaid medical data and health status data to evaluate impact of chronic care services for these 45 clients.
X					4. Increase by 500 the number of older adults who participate in regular physical activity. (Baseline: 2,528)	3,028	2,755	2,396	
	X			✓	5. Increase by 30 the number of older adults whose symptoms of depression and misuse of alcohol and prescription drugs are alleviated. (Baseline: 0)	30	23	80	48 served for alcohol/prescription drug abuse; 32 served by PEARLS intervention. Objective revised in the 2006-07 Area Plan Update.
X				✓	6. Increase by 30 the number of refugee elders participating in culturally appropriate health promotion activities. (Baseline: 130)	160	129	171	Objective revised in the 2006-07 Area Plan Update.
X				✓	7. Plan and coordinate a community summit on Healthy Aging with agencies involved in health promotion activities.	1	1	2	The Healthy Aging Partnership (HAP) conducted a Healthy Aging Summit in May 2005. There were over 100 attendees. HAP also held a forum re senior nutrition in August 2005. There were 65 attendees.
	X			✓	8. Increase by 300 the number of low-income older adults in the congregate meal program. (Baseline: 4,046)	4,346	4,545	5,079	(4,291 very low + 788 low)
	X			✓	9. Increase by 200 the number of senior meal program participants who consume five servings of fruits and vegetables a day. (Baseline: 1,450)	1,605	1,705	1,817	Funding from state legislature in 2005 stabilized planning and administrative support for this effort.

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Timeline					SOCIAL & CIVIC ENGAGEMENT					
2004	2005	2006	2007	Completed	KEY OBJECTIVES	GOAL	2004 PROGRESS	2005 PROGRESS	2005 Additional Comments	
	X				1. Increase by 50 the number of universally designed public housing units built. (Baseline: 0)	50		5	The Stoneway Project and the Genesee Project, will aim to have a few selected units that are "universally designed". Each will have elements of universal design.	
			X	✓	2. Increase community awareness of universal design principles. (Events & Articles, Baseline: 11)	15	23		The Universal Design Coalition several educational opportunities in 2005: (1) Their regular quarterly meetings formats were seminars in Universal Design; (2) Implemented the development of a documentary film re the Universally Designed home in Tukwila, and is scheduled to be completed in 2006. Also, http://www.seattlechannel.org/videos/video.asp?ID=4050503 "Universal Design: Classroom Meets Concrete" an educational documentary addressing the meaning of "Universal Design" in single family home construction. In partnership with Seattle Pacific University; (3) Planned and implemented the Third Aging in Place Resource Fair at the Seattle Center; (4) Planned and implemented two walking tours attending to U D principles - The downtown Seattle Public Library and the Kubota Gardens.	
	X			✓	3. Increase by two the number of neighborhood revitalization projects that include elder-sensitive design principles in their planning and policy documents. (Baseline: 0)	2	2 - Northgate and South Lake Union		ADS planning staff actively participated in the Downtown Waterfront planning; the Northgate re-vitalization project; and the South Lake Union re-development.	
	X			✓	4. Increase by 50 the number of seniors trained in "Seniors Training Seniors in Computer Basics" program. (Baseline: 270)	320	511	532		
	X			✓	5. Increase by 100 the number of older adults who are actively engaged in community life, through paid employment or volunteer referrals. (Baseline: 380 Paid Employment; 120 Volunteers)	480 Paid Employment 220 Volunteers	392 Paid Employment 213 Volunteers	580 Paid Employment 269 Volunteers		

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Timeline					INDEPENDENCE FOR OLDER ADULTS & PEOPLE WITH DISABILITIES				
2004	2005	2006	2007	Completed	KEY OBJECTIVES	GOAL	2004 PROGRESS	2005 PROGRESS	2005 Additional Comments
	X				1. Increase by 1,000 the number of family caregivers who receive supportive information that guides their long term care choices. (Baseline: 1,108)	2,108	1,371	1,668	Improvements made in 2005. Will continue efforts to reach caregivers in 2006.
	X			✓	2. Increase by 50 the number of family caregivers whose burden is reduced by increasing flexible service options. (Baseline: 44)	94	92	104	State funded new Kinship Navigator position at Senior Services in late 2005.
X					3. Increase by 50 the number of people from Latino communities who access family caregiver resources. (2002 Baseline: 17)	67	42	23	Beginning in 2006, a contract is in place to provide outreach services to the Latino community. The EI Portal project is a collaboration between the Alzheimer's Association and SeaMar.
	X			✓	4. Advocate to increase funding in the state and Older Americans Act for family caregiver support, counseling, and peer support. (Baseline: \$776,452)	\$850,000	\$946,452	\$996,083	W4A and ADS Advisory Council members advocated for an \$800,000 statewide increase to the Respite Program. Since the increase was not included in the 2007 state budget, AC members will advocate for the increase in the 2008 state budget.
X				✓	5. Increase by \$500 Amy Wong Client funding for needs of case management clients who are under 60 years of age. (Baseline: \$2,500)	\$3,000	\$7,625	\$9,688	
X					6. Convene quarterly information-sharing sessions for representatives of the Developmental Disabilities and Aging networks (Baseline: 0)	1			Objective revised in the 2006-07 Area Plan Update. Advisory Council will include in 2006 meeting schedule.
	X				7. Investigate possibilities for increasing the availability of case management and Information and Assistance.				Objective revised in the 2006-07 Area Plan Update. Explore funding for contracting for extended after hour and weekend availability of Senior Information & Assistance, case management and RN consultation.
	X				8. Increase worker wages by \$1.00 per hour. (Baseline: \$8.43)	\$9.43	\$8.83	\$9.20	Worker wages is expected to increase to \$9.43/hr. in 2006, and will include benefits, vacation, and wage progression, all added to new contract.
	X				9. Increase by 35 the number of agency home care workers available in East Urban and East Rural King County. (Baseline: 75)	110			Objective is deleted in 2006-07 Area Plan Update, due to centralization of home care payment system at state level.
			X		10. Increase the home care referral acceptance rate. (Baseline:)				Home care referral acceptance rate is currently at an acceptable level for King County.
	X				11. Increase the number of referrals by gatekeepers to Adult Protective Services. (Baseline: 2,312)	2,312	2,628		In 2005 there were 266 gatekeeper cases monitored by the Gatekeeper Program through Senior Services. Of the 266 casees, 15 were referred to APS.

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